



# South Burlington Recreation & Parks

## KINDERPRO'S BASKETBALL

### Schedule & Information

2011-2012

Revised 12/12/11

<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Saturday, Dec. 3 <sup>rd</sup>	9:30-10:30am	FHTuttle Middle School
Saturday, Dec. 10 <sup>th</sup>	9:30-10:30am	FHTuttle Middle School
Saturday, Dec. 17 <sup>th</sup>	9:30-10:30am	FHTuttle Middle School
Saturday, Dec. 24 <sup>th</sup> & 31 <sup>st</sup>	<b>No Basketball (Holiday Break)</b>	
Saturday, Jan 7 <sup>th</sup>	<b>9:45-10:45am</b>	FHTuttle Middle School
Saturday, Jan. 14 <sup>th</sup>	<b>9:45-10:45am</b>	FHTuttle Middle School
Saturday, Jan. 21 <sup>st</sup>	<b>9:45-10:45am</b>	FHTuttle Middle School
Saturday, Jan. 28 <sup>th</sup>	<b>Make-up Day if Needed</b>	

#### **NOTE:**

- **Location:** All sessions meet on Saturday mornings at the F.H.Tuttle Middle School Gym.
- **Clothing:** Comfortable loose clothing; T-shirts, sweatpants, sneakers.
- **Sneakers:** All participants must wear sneakers. We highly recommend that they have laces or Velcro that can fasten for safety purposes. Sneakers need to be put on in the lobby. No wet sneakers on the gym floor.
- **Winter Clothing:** All clothing, jackets, boots, etc. **Must** be left in the lobby of the school.
- **No WET Shoes or Boots allowed in the gym.** All Parents and non-participants must also take off wet shoes and boots prior to coming into the gym.
- **Siblings:** of participants must remain in the gym and be under the supervision of a parent at all times. No running or wondering through the halls or lobby of the school.
- **Equipment:** is for the use of participants only!
- **Cancellations:** Program meeting days can be cancelled due to inclement weather, facility conditions, and/or other unknown circumstances. Our policy is to make the call of a cancellation at the time of the program. If we know far enough in advance, all participants will be notified by text, email or phone. Most times cancellations occur the day of and are unknown up to the start time. In the case where a program is held inside a school facility, all Recreation Department Programs will be cancelled any time school is closed or dismissed early. When it comes to weather conditions, we try and hold off as long as possible before cancelling. We strive to avoid having any cancellations during a program. You can find if a program is cancelled by calling our Program Hotline at 846-4108 prior to leaving home. The message will be put on the phone 15-20 prior to the start of the program. If we know far enough in advance we will also post our cancellations on our website at [www.sburlrecdept.com](http://www.sburlrecdept.com).

**See the back of this schedule for our Youth Sports Philosophy  
and how you can help make sports FUN for children.**



# South Burlington Recreation & Parks Department

## Statement of Philosophy for Youth Sports

*To provide the opportunity for all youngsters to participate in sports, in an atmosphere that is enjoyable*

### **PURPOSE:**

- Encourage the development of skills
- Foster wholesome attitudes toward teammates, opponents, officials and coaches.
- Develop knowledge of and respect for the rules of all sports.
- Provide the opportunity for the application of these skills and attitudes in appropriate competitive situations.

### **METHOD:**

- Allow sufficient time for the development of skills necessary for participation in the sport.
- Recruit and train volunteer coaches who understand and are in agreement with the purpose of the program.
- Maximize playing opportunities.
- De-emphasize the winning aspects of the program.
- The intrinsic value of sports will be emphasized and recognition given only to individuals as it relates to team performance.
- Specific guidelines pertaining to individual sports will be developed for activities sponsored by the South Burlington Recreation & Parks Dept. These guidelines will detail the responsibilities for everyone connected with a particular activity.

### **SUMMARY:**

The South Burlington Recreation & Parks Department provides activities where youngsters feel safe and comfortable to try something new or work to improve their own individual skills, in an atmosphere that is fun and enjoyable. We also provide all youngsters the opportunity to recreate at their own level amongst their peers, without the pressure of individual competition, league standings or awards.

### **Values Children Learn Through Sports**

Your child can benefit greatly by participating in youth sports, but those benefits aren't guaranteed. They're the result of a co-operative effort among league administrators, coaches, officials, and parents. Those benefits come more readily when adults put the interest of the children first and leave their own egos and desires about winning on the bench.

#### **Through sports, your child can**

- Acquire an appreciation for an active lifestyle
- Learn how to work as part of a team
- Learn about managing success and disappointment
- Learn respect for others
- Develop a positive self-concept by mastering sport skills
- Develop social skills with other children and adults
- Learn about fair play and being a good sportsmanship

### **Your Responsibilities as a Sport Parent**

- Encourage your child to play sports, but don't pressure. Let your child choose to play what is fun and interesting for them.
- Understand what your child wants from sports, and provide a supportive atmosphere for achieving these goals.
- Set limits on your child's participation. Don't make sports everything in your child's life; make it a part of their life.
- Make sure the coach is qualified to guide your child through the sports experience.
- Keep winning in perspective, and help your child do the same.
- Help your child set challenging but realistic performance goals, rather than focusing only on "winning the game".
- Help your child understand the valuable lessons sports can teach.
- Help your child meet responsibilities to the team and to the coach.
- Discipline your child when necessary, and only in private.
- Turn your child over to the coach at practices and games-don't meddle or coach from the sidelines.
- Supply the coach with information on any allergies, special health conditions or any other concerns of your child. Make sure your child brings any necessary medications to all practices and games.