

# South Burlington Recreation & Parks Department



**southburlington**  
RECREATION & PARKS

# REC NEWS

## Monthly Newsletter

March 2010

### 13<sup>th</sup> Annual Mother/Son Event

**Saturday, March 6<sup>th</sup> 1:00-3:00pm**



Bowling and a Magic Show, is this year's Mother/Son Event. We have rented out Champlain Lanes for our exclusive use for Galactic Bowling and a Special Magic Show by Tom Joyce. The day will begin with the magic show at 1:15pm, followed by 2 games of bowling. There

will be pizza and great raffle prizes. This event is for boys grades 1st-5th and a special female.

**\$18 per person 311000**

*must register son(s) and female adult.*



### Family Swim

**Friday, March 26<sup>th</sup> 6:00-8:00pm**



Join us for a Family Swim Night at the Sports & Fitness Edge of South Burlington. Bring your swimsuit and towel and enjoy free swimming in the indoor heated pool. This event is open to all ages and will be held at the Eastwood Street complex. This special family event is FREE!

*No floats are allowed at this event*

### Wall Crawlers

**Grades K-5th**

Are your kids climbing the walls? Well bring them where they can do this without getting into trouble. Wall Crawlers is a introductory program to climbing. This one night program consists of belay instruction for parents, while children practice their climbing skills in the bouldering area. Then share in over an hour of climbing together. Instruction is provided by Petra Cliffs. Footwear requires sturdy sneakers, or you may rent climbing shoes that night for \$2.00. Come join us for an evening of Climbing The Walls! This is a parent/child program.

**Friday Evening 6:00-8:00pm Petra Cliffs**

**\$11 Res., \$16 Non-Res.**

*Price is per person*

**Grades K-2nd**

**March 5**

**313005-A**

**Grades 3rd-5th**

**March 19**

**313005-B**

### Family Knitting Circle Grades 3rd & Older

Learn to knit or improve your knitting skills if you already know how. The Knitting Circle is for all levels and ages- male or female, parent/child- all are welcome! Enjoy the camaraderie of knitting with a group and make a project of your choice. There is a \$10 materials fee, payable at the first class, for needles and yarn, or bring your own.

**Grades 3 & older and a parent Saturdays Mar. 13- Apr. 17**

**9:00-10:00am**

**\$38 Res., \$46 Non-Res.**

**312000-A**

**Instructor: Chris Heavner, The Traveling Knitter RM Central**

*Check out these and more programs on our website*

**www.sburlrecdept.com**

**Register now On-Line for Spring/Summer Programs and Summer Camps.**

### Group Skating Lessons

**Ages 3-18 yrs**

The Recreation Dept. is teaming up with the VT Skating Club to offer Basic Skills Skating Lessons. It is designed by U.S. Figure Skating to be the best beginning ice skating program that serves the needs of both the recreational and competitive skater. Instruction is by VT Skating Club certified instructors. Lessons are 1/2 hour with 1/2 hour supervised practice time.

**Wednesday Afternoons**

**Mar. 3- Apr. 21**

**1/2 hour lessons**

**\$110 Res., \$130 Non-Res.**

**See levels and times below Cairn's Arena**

Snowplow Sam-	Ages: 3-5 years	3:30pm	139003-A
Basic 1 & 2-	Ages: 6 & Up	4:00pm	139003-B
Basic 3 & 4-	Ages: 6 & Up	4:00pm	139003-C
Basic 5 & 6-	Ages: 6 & Up	4:00pm	139003-D
Hockey Intro-	Strong Basic 1 skaters	4:00pm	139003-E

### Learn to Swim Programs Ages 5-12 years

The goal of the Learn to Swim Program is to introduce new swimming techniques and increase safety skills around the water. The lessons follow the Red Cross guidelines and each level provides a building block for the next. Lessons are 1/2 hour for 6 weeks and are offered on Tuesdays, Thursdays, or Saturdays. Cost is \$80 Res., \$96 Non-Res.

**Session 4- Tues.- 3/30- 5/4 Thurs.- 4/1- 5/6 Sat.- 4/3- 5/8**

	<u>Tuesday Class</u>	<u>Thursday Class</u>	<u>Saturday Class</u>
Level 1- 4:30-5:00pm	138004-1A	138004-1B	10-10:30am 138004-1C
Level 2- 5:00-5:30pm	138004-2A	138004-2B	10:30-11am 138004-2C
Level 3- 5:30-6:00pm	138004-3A	138004-3B	11-11:30am 138004-3C
Level 4- 6:00-6:30pm	138004-4A	138004-4B	11:30-12:00 138004-4C

**Session 5- Tues.- 5/11- 6/15 Thurs.- 5/13- 6/17 Sat.- 5/15- 6/19**

	<u>Tuesday Class</u>	<u>Thursday Class</u>	<u>Saturday Class</u>
Level 1- 4:30-5:00pm	138005-1A	138005-1B	10-10:30am 138005-1C
Level 2- 5:00-5:30pm	138005-2A	138005-2B	10:30-11am 138005-2C
Level 3- 5:30-6:00pm	138005-3A	138005-3B	11-11:30am 138005-3C
Level 4- 6:00-6:30pm	138005-4A	138005-4B	11:30-12:00 138005-4C

### Youth Tae Kwon Do

**Ages 7-12 yrs**

The youth clinic will introduce basic skills and techniques of the sport of Tae Kwon Do. Come try this sport and experience the benefits of it. It's a great opportunity to get into shape. Instructor: Sue Myers

**Thursday Afternoons**

**Mar. 18- Apr. 8**

**3:15-4:00pm**

**\$38 Res., \$46 Non-Res.**

**333001-B**

**VT Tae Kwon Do**

### Teen/Adult Tae Kwon Do Ages 12 & Up

This clinic is for the beginner that would like to try Tae Kwon Do without all the expense. You will learn basic hand and kick techniques. Come experience the art of Tae Kwon Do and get into shape at the same time. Instructor: Sue Myers.

**Saturday Mornings**

**Mar. 6-27**

**9:30-10:30am**

**\$43 Res., \$52 Non-Res.**

**333001-C**

**VT Tae Kwon Do**

### Jr. Jazzercise

**Grades 1st-5th**

This program for boys and girls introduces dance, music and fitness. Children learn dance positions, terminology and proper execution, while learning to improve flexibility and cardiovascular endurance. Two sessions are being offered. Instructor: Tamie Dickinson

**Saturday Mornings**

**Mar. 13- Apr. 17**

**10:15-11:15am**

**\$48 Res., \$58 Non-Res.**

**335000-A**

**RM Central**

## Indoor Soccer Programs Grades K-5th

These programs are designed for all youngsters who enjoy the game of soccer, with the major emphasis on exercise and fun. Each program will begin with a clinic on the first day; covering rules, team assignments, and schedules. Remaining sessions will consist of one hour games, twice a week rotating Tues., Thurs. & Sat. Saturdays time is 1 hour between 9am-12pm.

### Coed Grades K-2nd

Tues. Thurs. & Sat. Mar. 4- Mar. 27 6:00-7:00pm  
\$35 Res., \$42 Non-Res. 333005-A FHTuttle Gym

### Coed Grades 3rd-5th

Tues., Thurs. & Sat. Mar. 4- Mar. 27 7:00-8:00pm  
\$35 Res., \$42 Non-Res. 333005-B FHTuttle Gym

## Indoor Golf Programs Grades 3rd-12th

The Recreation Dept. and Vermont Indoor Golf are teaming up to offer a 5-week Indoor Golf Clinic, a perfect start for the golfer in your family. The clinic will cover the fundamentals, rules, etiquette, and course management. Whether you're an absolute beginner, or a seasoned player, this is the most effective way to hone your golf game.

Tuesday Afternoons Mar. 9- Apr. 6 VT Indoor Golf  
\$93 Res., \$112 Non-Res. Instructor: Brian Gara, Golf Pro

Grades 3rd-5th 3:00-4:00pm 333015-A  
Grades 6th-12th 4:00-5:00pm 333015-B

## Cheerleading Grades 1st-8th

The Recreation Dept. and S.B. High School Cheerleading Team have teamed up to offer this great opportunity. Your child will learn Jumps, Cheers, Low Level Stunts, and Creative Dance Moves. Taught by High School Cheerleading Coach, Lynn Kynoch, with assistance from the cheerleading team. Participants will be grouped by grade and experience. No uniform or special equipment is needed.

Wednesday Evenings Mar 17- Apr 14 6:00-7:00pm  
\$33 Res., \$40 Non-res. 333010-A RM Central Gym

## Comic Strip Cartooning Grades 1st-5th

We will work together to create comic strips (that tell jokes!) using our funny and age-appropriate cartooning curriculum. Each week we will draw and color a strip which has 3 frames and ends with a "punch line." Instructor: Young Rembrandt Artist

Tuesday Afternoons Mar. 9- Apr. 6 2:45-4:15pm  
\$68 Res., \$82 Non-Res. RM Central 332000-A  
Orchard 332000-B

## SAT Bootcamp Grades 9th-12th

Four hours to a better score! This interactive workshop is designed for students planning to take the SAT within two months of the workshop date. Each student will receive a workbook, grammar review, and practice questions for all sections. Instructor: Lauren Starkey

Saturday Morning March 6 8:30am-12:30pm \$ 1 5 3  
Res., \$184 Non-Res. 341010-A SB High School

## Tykes Tae Kwon Do Ages 5- 6 yrs

This clinic is high energy, focusing on the basic hand techniques and beginner kicks. The class will help to develop coordination and agility and is an excellent cross trainer for other sports. Emphasis is on courtesy, respect and martial arts protocol. Instructor: Sue Myers

Monday Afternoons Mar. 15- Apr. 5 4:00-4:30pm  
\$33 Res., \$40 Non-Res. 333001-A VT Tae Kwon Do

## Tots & Tykes Time Ages 1-5 yrs

This program is co-sponsored with the South Burlington Family Center. Come join other families in an open gym atmosphere for socialization, fun activities and free play. A schedule with dates and location is available on our website or at the Recreation Office.

Ages 1-5 & parent Saturdays 10:00-11:30am  
March 6- April 17 Free! RM Central Gym

## Tot/Tykes Computer Class Ages 3-7 yrs

Future Einstein's offers Imagine Tomorrow Computer Classes for Kids that are structured to provide the perfect mix of group interactivity and individual computer time. During class, children become Computer Detectives on a learning adventure to imaginative places.

Friday Afternoons Mar. 12- Apr. 16 3:00-4:00pm  
\$65 Res., \$78 Non-Res. 321007-A O'Brien Center

# SUMMER CAMPS

## Camp Registration Information

### Registration Procedure:

There is a separate Registration Grid for Summer Camps. One Grid per child must be filled out completely to be able to register. Grids are available at the Recreation Office and on our website. Grids may be mailed in or dropped off with payment at the Recreation Dept.

On-Line Registration is available for Summer Camps. You must register for a Username and Password with our department for on-line use. You must also fill out a grid and return it to us.

### Camp Payment Policy: is specific for all Summer Camps.

A \$25.00 deposit per child, per session, per camp must accompany the registration grid for it to be processed. We accept cash, checks or credit card if registering in person. If mailing, send checks only.

If registering On-Line for camps, payment must be made in full at the time of on-line registration with a credit card. There is a 2.8% convenience fee for on-line registration. This is paid directly to the processor.

For those paying deposits- Regular payments or paying off the remaining balance may be made at any time prior to June 11, 2010. The final balance must be paid in full on or before June 11, 2010 for your child to remain enrolled. No child will be admitted into camps until the final balance is paid in full. Any registration after June 11, 2010 must be paid in full at the time of any type of registration procedure.

### Camp Refund Policy: is specific for all Summer Camps.

We reserve the right to cancel or consolidate any camps which do not meet the minimum participation required. The deposit and a full refund will be issued if we cancel any camp.

In the event that a participant cancels out of a camp, prior to June 11, 2010, a \$10.00 processing fee is deducted and the balance will be refunded.

If a participant cancels out of a camp, after June 11, 2010, the \$25.00 deposit per child, per session, per camp is Non-Refundable, and is deducted from the amount of the refund. The remainder is refunded according to the schedule below. If there is an outstanding balance, the refund will be automatically applied to that balance and any remainder will become a household credit, which may be used towards future programs. Refund checks take approximately two weeks to process.

Full Remainder- Dept. is notified 5 business days prior to the start of a camp or session.

50% of Remainder- Dept. is notified 3 business days prior, up thru the 1st day of a camp or session.

No Refund- Dept. is notified after the first day of camp or session.

## Check out all of our Summer Camps On-Line

[www.sburlrecdept.com](http://www.sburlrecdept.com)

We have Day Camps, Adventure Camps,  
Hometown Sports Camps, Specialty Camps and  
Computer/Technology Camps.

Over 45 different camps to choose from