

South Burlington Recreation & Parks Department



southburlington
RECREATION & PARKS

TOTS/TYKES NEWS

Spring/Summer Newsletter

March -August 2010

Family Swim

Friday, March 26th 6:00-8:00pm

Join us for a Family Swim Night at the Sports & Fitness Edge of South Burlington. Bring your swimsuit and towel and enjoy free swimming in the indoor heated pool. This event is open to all ages and will be held at the Eastwood Street complex. This special family event is FREE!

No floats are allowed at this event

Kites in the Park

Friday, April 16th 6:00-8:00pm

Come celebrate the first warm days of Spring and the opportunity to get out in the parks. Bring your kite or come make one with us. We will provide all the materials for your family to create your own kite. Color it, Construct it, and then Fly it. This event will be held at Dorset Park and is FREE!

Tots & Tykes Time

Ages 1-5 yrs

This program is co-sponsored with the South Burlington Family Center. Come join other families in an open gym atmosphere for socialization, fun activities and free play. A schedule with dates and location is available on our website or at the Recreation Office.

Ages 1-5 & parent
March 6- April 17

Saturdays 10:00-11:30am
Free!
RM Central Gym

Little Explorer's Camp

Coed, 3 & 4 year olds

Little Explorer's Camp provides 3 & 4 year olds the opportunity to socialize and play cooperatively with other children their age (*children must be 3 by June 1, 2010 and potty trained*). Campers will be provided with the opportunity to participate in group games, arts & crafts, and exploring the outdoors through fun activities. Each day includes circle time, with songs and games, free play indoors and out, and a variety of themed activities. We have a 1:6 ratio of counselors to campers. This is a great program for your child's first day-camp experience.

Monday-Friday June 28- August 20 8:00am-12:00pm
8- One week sessions \$65 Res., \$78 Non-Res., per session
RM Central Director: Michelle DeGrechie

KINDERKIDS KAMP

Entering & Completing Kindergarten

KinderKids Kamp is a half day camp for children who will be entering Kindergarten in the Fall 2010 or who have completed Kindergarten this school year '09-'10. This camp provides a great opportunity for this age group to have a more structured and age-specific program. Each day campers will participate in group games, arts & crafts, and indoor and outdoor play. Children will have the opportunity to play cooperatively together and interact with children their own age.

Monday-Friday June 28- August 20 8:00am-12:00pm
8- One Week Sessions \$65 Res., \$78 Non-Res., per session
RM Central Director: Michelle DeGrechie

Tot/Tykes Computer Class Ages 3-7 yrs

Future Einstein's offers Imagine Tomorrow Computer Classes for Kids that are structured to provide the perfect mix of group interactivity and individual computer time. During class, children become Computer Detectives on a learning adventure to imaginative places.

Friday Afternoons Mar. 12- Apr. 16 3:00-4:00pm
\$65 Res., \$78 Non-Res. 321007-A O'Brien Center

Group Skating Lessons Ages 3- Adults

The Recreation Dept. is teaming up with the VT Skating Club to offer Basic Skills Skating Lessons. It is designed by U.S. Figure Skating to be the best beginning ice skating program that serves the needs of both the recreational and competitive skater. Instruction is by VT Skating Club certified instructors. Lessons are 1/2 hour with 1/2 hour supervised practice time.

Wednesday Afternoons Mar. 3- Apr. 21 1/2 hour lessons
\$110 Res., \$130 Non-Res. See levels and times below Cairn's Arena

Snowplow Sam-	Ages: 3-5 years	3:30pm	139003-A
Basic 1 & 2-	Ages: 6 & Up	4:00pm	139003-B
Basic 3 & 4-	Ages: 6 & Up	4:00pm	139003-C
Basic 5 & 6-	Ages: 6 & Up	4:00pm	139003-D
Hockey Intro-	Strong Basic 1 skaters	4:00pm	139003-E

Tiny Ninja Tots

Ages 3-4 years

The TNT Tae Kwon Do Program introduces beginner Tae Kwon Do techniques. Tots will learn how to do pushups, sit-ups, how to block, and practice listening skills. They will learn in a fun and non-threatening atmosphere. Instructor: Sue Myers

Wednesday Afternoons Mar. 17- Apr. 7 2:30-3:00pm
\$33 Res., \$40 Non-Res. 323000-A VT Tae Kwon Do

Tykes Tae Kwon Do

Ages 5- 6 yrs

This clinic is high energy, focusing on the basic hand techniques and beginner kicks. The class will help to develop coordination and agility and is an excellent cross trainer for other sports. Emphasis is on courtesy, respect and martial arts protocol. Instructor: Sue Myers

Monday Afternoons Mar. 15- Apr. 5 4:00-4:30pm
\$33 Res., \$40 Non-Res. 333001-A VT Tae Kwon Do

1st Splash Swim Ages 6 months- 2 years

First Splash swimming lessons are a parent/child class. The class exposes you and your child to the water in an enjoyable and safe environment. Instructors: Sports & Fitness Edge

Saturdays 9:00-9:30am \$80 Res., \$96 Non-Res Sports
& Fitness Apr. 3- May 8 128000-S4
May 15- June 19 128000-S5

Pre-School Swim

Ages 3-5 years

The Pre-School Program is the introduction to the learn to swim program introducing new swimming techniques and increase safety around the water. Instructors: Sports & Fitness Edge

Saturdays 9:30-10:00am \$80 Res., \$96 Non-Res
Sports & Fitness Apr. 3- May 8 128002-S4
May 15- June 19 128002-S5

www.sburlrecdept.com